



Flexer & Sandiland

2024 / 2025 TOUR PACK

Acting Our Age



A SHOW CELEBRATING THE
CHANGING BODY.

A Co-production
with Galit Liss

A photograph of two people. On the left, a man with a blonde mullet hairstyle, a black earring, and a nose ring. He has a black t-shirt and visible tattoos on his chest and arm. On the right, an elderly woman with short, curly grey hair and glasses, wearing a black top. She is looking towards the right. The background is a plain, dark grey wall.

'POIGNANT AND EVOCATIVE
CHOREOGRAPHY, VISUALLY STIMULATING
AND WIDELY ENGAGING'

POCKET SIZE THEATRE

SHOW

ABOUT

Acting Our Age has grown organically through ongoing conversations and a shared interest in the ageing body in performance.

A co-production choreographed by Galit Liss & Yael Flexer in collaboration with an **intergenerational cast of performers aged 26 to 76**, *Acting Our Age* explores performers' relationship to dance and the stage at different points in their lives.

Originally made in Israel, the Work examines the way in which age(ing) is experienced by the dancing body both personally and socio-politically.

At times the performers question or refuse to 'act their age', while other moments celebrate the ageing body and its embodied sensitivity. What dance memories are retained in the body? What is the dancers' relationship to their changing body?





TRAILER

FILM & PHOTOGRAPHY: NIC SANDILAND



Specification

*Please Note: Our technical specification is a guide as to what we need as a company. However, we will work with you flexibly in order to support smooth delivery of our show in your venue & are open to alternative suggestions.

Cast:	6 performers + 1 technician, Galit Liss choreographer (8 on the road).
Duration:	1 hour.
Performance space:	Theatre / Studio or a site specific indoor space.
Performance area:	8m x 8m.
Get in / out:	1 full day - same day as the performance.
Technical:	PA + 2x mics (at least 1 x radio mic required), basic sound & lighting rig + sprung dance floor. Work can also be performed without lighting.
Interval:	None.
Age guide:	12+
Content:	Spoken text, humour & dance. Themes more relevant to adult audiences.
Audience target:	Female-identifying groups (especially 40+), older Adults, wellbeing groups, intergenerational & inclusive groups, Dance & Live Art followers.
Accessibility:	The company can offer British Sign Language interpretation &/or Audio Description at an additional fee, please let us know if of interest.

AN IMMERSIVE DIGITAL DANCE EXPLORING THE POSSIBILITY OF PARALLEL EXPERIENCES - AND THE MULTITUDE OF CHOICES THAT SPRING FROM IT.

A digital dance performance featuring two dancers on a blue, rippling digital floor. The dancer on the left is wearing a black dress and has long, dark dreadlocks. The dancer on the right is wearing a purple and black jacket and a black skirt. Both dancers are in a crouching, leaning-back pose, looking upwards. The background is dark, and the floor is illuminated with a blue light that creates a shimmering, water-like effect. The overall atmosphere is ethereal and futuristic.

Imagining Otherwise

'ELEGANTLY CONSTRUCTED
INTERACTIVE WORK'

THE INDEPENDENT

'Yael Flexer and Nic
Sandiland's work challenges
the traditional boundaries
between performers, audience
and choreographers'

MUSIC OMH

SHOW



ABOUT

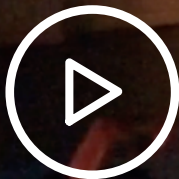
Imagining Otherwise combines fast paced choreography with [Wendy Houstoun's](#) witty spoken text to create an immersive digital dance that explores the possibility of parallel experiences, and the multitude of choices that spring from it.

Devised by Digital Artist Nic Sandiland, Choreographer Yael Flexer and the company, *Imagining Otherwise* interweaves visually dynamic digital floor projections with live performance. Evocative images of maps and imagined landscapes are affected and changed by dancers' movements.

Imagining Otherwise conjures ideas of geography, transience, and how we impact our environment. It playfully explores the infinite possibilities we have from our daily decisions and our wish for things to be different.

What if we followed a different choice?





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Specification

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Cast:	6 performers + one technician, one digital artist (8 on the road).
Duration:	1 hour.
Performance space:	Theatre, Studio or indoor site-specific space + lighting rig height 5m
Performance area:	12m x 8m. Performed in the round (four sides), via two sides or front on.
Get in / out:	4 hours day prior + full day of show (8 hours) / 1.5 hours take down.
Technical:	PA + 2x mics, standard sound & lighting + a white/ light grey sprung dance floor.
Interval:	None.
Age guide:	12+
Content:	Spoken text, digital floor projections, dancing.
Audience type:	Those interested in Digital Art, Tech, Students, Young people, Adults, inclusive groups & Dance followers.



Trip Hazard

YOU PASS, THEY FALL. TRIP HAZARD IS A PLAYFUL BRIDGE BETWEEN THE UNSUSPECTING PEDESTRIAN AND VISUAL MISCHIEF MAKER.

INSTALLATION

AN INTERACTIVE VIDEO INSTALLATION FOR PUBLIC SPACE



'INGENIOUS INSTALLATION''

THE GUARDIAN

ABOUT

Trip Hazard is an interactive video installation for outdoor public space. You pass, they fall! Part one-liner gag, part public intervention, Trip Hazard is a playful bridge between the unsuspecting pedestrian & visual mischief maker.

Initially, the video screen depicts one or more performers walking into shot, composing themselves. A sensor detects if a passer-by has walked in front of the image and crossed a hazard line marked on the ground. Anyone passing over the hazard line causes a subsequent video clip to be triggered. This new clip shows the performer(s) continuing their action to then fall over as if they have been nudged or shoved by the action of the pedestrian. After the performer(s) fall(s) they pause, compose themselves, get up and walk back out of frame whereby another performer or group of performers enter frame to take their place. There are 50+ different clips featuring performers falling in various ways.

Having spent a number of years looking at continuous connections between the viewer and digital performer, Flexer & Sandiland revisit the commonplace interaction of discrete cause and effect; where a particular action in the physical world might trigger a pre-set event in a digital space. **Please note that this work can be seen after dark only.**

The company will produce engagement graphs detailing the number of interactions and time these occur during the presentation of Trip Hazard, for example, The Place Theatre saw 10,214 interactions over 43 days (approximately 237 per day!)





TRAILER

FILM & PHOTOGRAPHY: NIC SANDILAND



Specification

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Cast:	N/A (8 performers pre-recorded on screen), one touring technician.
Duration:	Ongoing - during the hours of darkness only.
Performance space:	Large unobstructed shop front window & interior. Trip Hazard should be located in an area of public throughflow (eg. A shopping centre, high street, arts centre foyer etc).
Performance area:	Window minimum dimensions: 2m high x 3m wide.
Get in / out:	4 hours+ (8 hours ideal) get-in, 1 hour take down.
Technical:	PA, standard 10k short-throw projector (to be provided by venue). A physical strip of hazard tape placed on the ground across public area.
Age guide:	All ages.
Content:	Slapstick fun / family-friendly content.
Audience target:	Great for reaching new outdoor audiences across a wide demographic. Passers-by, unsuspecting public, inclusive groups, Families, Adults.

IMAGE: ROSIE POWELL



WORKSHOPS

OUTREACH

THE COMPANY LEAD A RANGE OF ONE-OFF & FULL DAY WORKSHOPS, INTENSIVES AND LECTURES TO CONTEXTUALISE THE WORK, SUPPORT AUDIENCE DEVELOPMENT AND STIMULATE DEBATE ON INTERGENERATIONAL DANCE & WORK WITH 60+ PARTICIPANTS. WORKSHOPS, WRAP AROUND ACTIVITY AND COMMISSIONS ARE TAILOR MADE TO SUIT DIFFERENT GROUPS.



DIGITAL WORKSHOPS

This full day custom-made digital workshop gives young people and communities an insight into using live interactive projection.

- Participants experience how choreography & movement can create visually striking mark-making as they move through the space.
- Workshops can lead to a short piece - to be performed in school, community settings & beyond.

Fee: 1-20 participants with 1 Company dancer £400
20-35 participants with 2 Company dancers £600

Part of the *Royal Opera House* trailblazer programme.



COMMUNITY & 60+ WORKSHOPS

Our taster or full day workshops are designed for intergenerational groups or adults aged 60+ interested in dance & improvisation.

- Workshops lead participants through gentle movement improvisations & simple exercises that are accessible to all grounded in Flexer & Sandiland & Galit Liss's methodology of work with 60+ movers.
- Full day workshops offer insight into the creative process and thematic ideas from *Acting Our Age*.

Fee: 2-hour taster workshop/ Full day - £250 / £500
Led by Yael Flexer, Luke Birch or Galit Liss.



RESIDENCIES & REIMAGININGS

The company offer residencies focusing on the creation of new work or re-staging of sections of *Imagining Otherwise*.

- Working with participants through technique classes, creative tasks & taught rep we create a new work that is unique to the cast which can include projected environments.
- Past commissions: Stavanger University (Norway) London Contemporary Dance School, Dance East & Maslool, professional training programme, Tel-Aviv.

Fee: Negotiable / pending duration & digital element.

Options



ACTING OUR AGE

6 performers, get-in/out same day

PA + 2 Mics + dance floor+ basic lighting rig: required

Can be performed informally in a studio setting

Extra matinee performance the next day available at reduced rate

Fee: £1500 plus Travel & Accommodation*



TRIP HAZARD INSTALLATION

Designed specifically for public spaces, playful interactivity for all

Durational, evening video projection installation

10K projector: required (supplied by venue)

Fee: £2000 one week, £250 per week for any additional weeks



IMAGINING OTHERWISE

6 performers, get-in/out 0.5 day prior + performance day

PA + 2 Mics, light dance floor + basic lighting rig: required

Theatre or suitable indoor space with rig

Rig height 5 metres+

Fee: £1800 plus Travel & Accommodation*



SHOW + WORKSHOP

Led by company members or artistic directors

Community, 60+, youth or schools masterclasses & digital workshops

available with either show

Fee: Show + half/full day workshop £1750 / £1900

Show (IO) + half/full day workshop **£2050 / £2200**

*N.B. Flexer & Sandiland is not VAT registered. Travel & Accommodation is negotiable pending Arts Council England support being in place - thank you.

Support

FLEXER & SANDILAND HAVE BEEN SUPPORTED BY THE FOLLOWING ORGANISATIONS

FLEXER & SANDILAND SUCCESSES

- Won the Jerwood Award
- Awarded 24 Arts Council England - National Lottery Project Grants (£15K-£130K)
- Reviewed in The Guardian & The Independent
- Produced 14+ touring productions, 13 digital installations, 4 films & community commissions (engaging over 10K people in public spaces)

THE LONDON
PLACE CONTEMPORARY
DANCE SCHOOL

SOUTH EAST
DANCE



University
of Stavanger

DANCEEAST

MASLOOL
SCHOOL OF
CONTEMPORARY DANCE
TEL AVIV



SWINDON
DANCE



BRIGHTON & HOVE
AGEING WELL
FESTIVAL



Supported using public funding by
ARTS COUNCIL
ENGLAND

RAS REGIONAL
ARENA FOR
SAMTIDSDANS

Galit
Liss
DANCE PROJECTS

ביכור
העתים
המרכז לאמנויות הבמה

FLEXER & SANDILAND

Flexer & Sandiland have been creating dance and digital work over the past 20 years. The company works with a wide range of venues & festivals nationally and internationally and regularly receives project funding from Arts Council England. Directed by choreographer Yael Flexer and installation artist Nic Sandiland, Flexer & Sandiland create live and digital works for theatres, galleries, screens and outdoor spaces, alongside an extensive programme of classes, commissions and tailor-made training for children, youth, schools, community, 60+, higher education and professional artists.

Yael and Nic's work centres on the generating of a sense of intimacy in live performance and digital installation, in a way which acknowledges the physicality and presence of the viewer. Live works blend dynamic and intricate movement with digital technology often using wry humour and text. Installations physically engage the public through digital technology in playful and thought-provoking ways.



Company commissions & presentation of dance and digital works include: Brighton International Festival, Without Walls, Sadler's Wells, The South Bank Centre & Barbican Centre, London Contemporary Dance School, The Place, National Youth Dance Company Scotland, MK Gallery, Hull Dance, Dance East, Lightmoves (Ireland), Trinity Laban, Stavanger University, Sandnes Kulturhus-RAS (Norway), Masloul, Suzanne Dellal Centre (Israel), Reel Dance MIC & VCE Dance (Australia), Cinedans (Netherlands) & 60+ companies: Three Score & Encore East. Flexer & Sandiland are a partner company with South East Dance, Brighton and resident at University of Chichester.

CREATIVE TEAM

IMAGINING OTHERWISE

Concept: Nic Sandiland & Yael Flexer

Interactive and Visual Design: Nic Sandiland

Choreography: Yael Flexer & the performers including original cast
(Julie-Ann Minaai & Natasha Margerison)

Performers: Luke Birch, Lorna Cross Clark, Cher Nicolette Ho,
Gabrielle MacAllistair, Corrie McKenzie, Yael Flexer

Writing: Wendy Houstoun

Text direction: Pete Phillips

Lighting Design & Production management: Natalie Rowland

Music: James Keane

Costume Design: Rosalind Noctor

Producer: Lou Rogers, Madeleine Wilson

ACTING OUR AGE

Choreographers: Yael Flexer & Galit Liss

Composer: Karni Postel

Dramaturg: Nataly Zukerman

Performers: Luke Birch, Yael Flexer, Sarah Dagan,
Corrie McKenzie & Fiona Millward

Original cast: Orit Gross & Tirtza Shpanauff-Many

Original Lighting: Rotem Alroy

Creative Producers: Lou Rogers, Alina Feldman, Madeleine Wilson

Photos: Eli Passi and Nic Sandiland

Design: Nurit Brande

Flexer & Sandiland Co-Artistic Director: Nic Sandiland

TRIP HAZARD

Artistic Director: Nic Sandiland

Physical Comedy Director: Petra Massey

Performers: Andrea Foa, Cathy Peace, Chris Copland, Ian
Nicholson, Mike Goodenough, Lindsey McConville, Luke Birch

Supported by The Arts Council England



Contact Us

24-25 TOUR DATES NOW AVAILABLE

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